

PRT GRADING SCALE

PRT Grading Criteria

The PRT uses a traditional percentage based A, B, C, D, F grading scale. The PRT grade is determined by averaging the percent score of each element: push-ups, curl-ups, and the 1.5 mile run.

Each element is valued at 33.3 percent. Table 5 represents a summary of PRT requirements for corresponding element percentage points.

Table 6 is the grading scale for the Swim PRT. For grading purposes, the swim element percentage substitutes for the 1.5 mile run percentage.

A minimum score of 60.0 percent must be earned in each element to pass the PRT.

PRT GRADING						
GRADE	Number of Curl-Ups		Number of Push-Ups		1.5 Mile Run (Min:Sec)	
<i>Percent points awarded</i>	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>
99 %	101 +		101 +	85 +	8:15	9:35
90 %	93		87	66	8:45	10:20
80 %	84		71	49	9:20	11:10
70 %	75		56	33	9:54	12:00
60 %	65		40	18	10:30	12:40

Table 5: PRT Grading Scale

500 Yard Swim Scoring Chart					
%	Time	%	Time	%	Time
99.9	6:50	86.6	8:20	72.6	9 :50
98.0	7:00	85.2	8:30	71.2	10:00
96.6	7:10	83.6	8:40	69.8	10:10

95.2	7:20	82.0	8:50	68.4	10:20
93.8	7:30	80.4	9:00	67.0	10:30
92.4	7:40	78.8	9:10	65.6	10:40
91.0	7:50	77.2	9:20	64.2	10:50
89.4	8:00	75.6	9:30	62.8	11:00
88.0	8:10	74.0	9:40	61.4	11:10
				60.0	11:20

Table 6: Percent (Grade) v. Swim Time for 500 Yards



Physical Readiness Test Grading Tables for Curl-ups, Push-ups & 1.5 Mile Run										
Scores shown in percentages (%)										
Curl-ups			Push Ups				1.5 Mile Run			
Total #	Score Males & Females	Male Score	Total Completed	Female Score	Male Score	Total Completed	Female Score	Male Score	Time	Female Score
101	99.9	99.9	101	--	--	39	74.3	99.9	8:15	--
100	98.5	99.1	100	--	--	38	73.7	98.0	8:20	--
99	97.4	98.4	99	--	--	37	73.1	96.6	8:25	--
98	96.3	97.7	98	--	--	36	72.5	95.2	8:30	--
97	95.2	97.1	97	--	--	35	71.9	93.8	8:35	--
96	94.1	96.4	96	--	--	34	71.2	92.4	8:40	--
95	93.0	95.8	95	--	--	33	70.5	91.0	8:45	--
94	91.9	95.1	94	--	--	32	69.8	89.4	8:50	--

93	90.8	94.5	93	--	--	31	69.1	88.0	8:55	--
92	89.7	93.8	92	--	--	30	93.8	86.6	9:00	--
91	88.6	93.2	91	--	--	29	67.7	85.2	9:05	--
90	87.5	92.5	90	--	--	28	67.0	85.2	9:10	--
89	86.4	91.9	89	--	--	27	66.3	82.0	9:15	--
88	85.3	91.2	88	--	--	26	65.6	80.4	9:20	--
87	84.2	90.6	87	--	--	25	64.9	78.8	9:25	-
86	83.1	89.9	86	--	--	24	64.2	77.2	9:30	--
85	82.0	89.3	85	99.9	--	23	63.5	75.6	9:35	99.9
84	80.9	88.6	84	99.4	--	22	62.8	74.0	9:40	98.7
83	79.8	87.9	84	98.9	--	21	62.1	72.6	9:45	97.5
82	78.7	87.3	82	98.4	--	20	61.4	71.2	9:50	96.4
81	77.6	86.6	81	97.9	--	19	60.7	69.8	9:55	95.3
80	76.5	86.0	80	97.4	--	18	60.0	68.4	10:00	94.2
79	75.4	85.4	79	96.9				67.0	10:05	93.2
78	74.3	84.7	78	96.4				65.6	10:10	92.2
77	73.2	84.1	77	95.9				64.2	10:15	91.2
76	72.1	83.4	76	95.4				62.8	10:20	90.2
75	71.0	82.8	75	94.9				61.4	10:25	89.2
74	69.9	82.1	74	94.4				60.0	10:30	88.2
73	68.8	81.5	73	93.9				--	10:35	87.2
72	67.7	80.8	72	93.4				--	10:40	86.2
71	66.6	80.2	71	92.9				--	10:45	85.2
70	65.5	79.5	70	92.4				--	10:50	84.2
69	64.4	78.9	69	91.9				--	10:55	83.2
68	63.3	78.2	68	91.4				--	11:00	82.2
67	62.2	77.6	67	90.9				-	11:05	81.2
66	61.1	76.9	66	90.4				--	11:10	80.2
65	60.0	76.3	65	89.9				--	11:15	79.2
		75.6	64	89.3				--	11:20	78.2
		75.0	63	88.7				--	11:25	77.2
		74.3	62	88.1				--	11:30	76.2
		73.7	61	87.5				--	11:35	75.2
		73.0	60	86.9				--	11:40	74.2
		72.4	59	86.3				--	11:45	73.2

71.7	58	85.7	--	11:50	72.2
71.1	57	85.1	--	11:55	71.2
70.4	56	84.5	--	12:00	70.2
69.8	55	83.9	--	12:05	68.9
69.1	54	83.3	--	12:10	67.6
68.5	53	68.5	--	12:15	66.3
67.8	52	82.1	--	12:20	65.0
67.2	51	81.5	--	12:25	63.7
66.5	50	80.9	--	12:30	62.4
65.9	49	80.3	--	12:35	61.2
65.2	48	79.7	--	12:40	60.0
64.6	47	79.1			
64.0	46	78.5			
63.3	45	77.9			
62.6	44	77.3			
62.0	43	76.7			
61.3	42	76.1			
60.7	41	75.5			
60.0	40	74.9			

Table 7: Physical Readiness Test Grading Tables -
 Courtesy USNA - Current as of 08.02.2002

Subject to change or revision